

## UNIT FOUR NUTRITION

### Lesson 3 – Diet modifications for special conditions

#### Nurse Aide Training Objectives

4.4 Describe selected basic therapeutic diets that you will see in a nursing care facility.

#### CASAS Competencies

3.5.1 Interpret nutritional and related information  
3.5.9 Identify practices that promote physical well being

#### Basic Skills (CASAS Content Standards)

##### Reading:

R2.11 Interpret familiar words used in a new context.

R2.12 Interpret specialized vocabulary in context

R3.3 Read and understand simple texts in a familiar context.

R3.4 Read moderately complex.

R2.12 Interpret specialized vocabulary in context.

R4.10 Interpret written materials using visual, graphic and textural clue (e.g. headlines, captions, bullets, print features such as **bold**).

##### Writing:

##### Listening/Speaking:

L4.4 Demonstrate understanding of general meaning and details in face-to-face conversations containing some unfamiliar vocabularyL